



The Storyteller

Activity Pack

The StorytEllas

The Five Senses

I see...

I feel...

I hear...

I smell...

I taste...

Look around you and focus your senses, try to pick out things that you might not usually notice.

Pick out 5 things you can see, 4 things you can feel, 3 things you can hear, 2 things you can smell, and 1 thing you can taste.

The Storyteller

Rhyme Time

Find the rhyming words...

Pea

Key

Sky

Pen

Story

Spotty

Glory

Easy

Book

Lock

Write

Hook

word

Soft

Bird

Bread

Fairy

Wary

Early

Record

Tale

Late

Tell

Snail

The StorytEllas

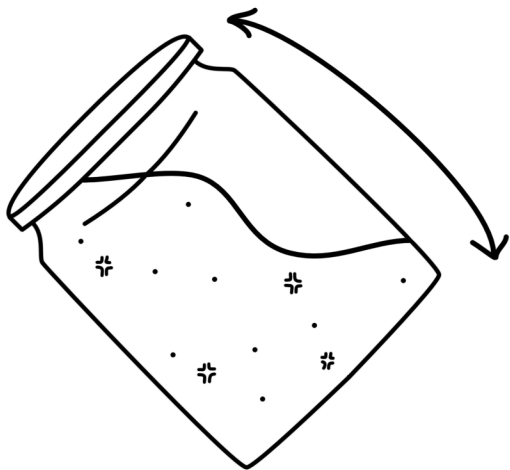
Calm Down Glitter Jar

What you will need...

An watertight jar or bottle

Enough warm water to fill your jar

Gitter! You can use fine glitter or chunky glitter or any kind you like



How to make...

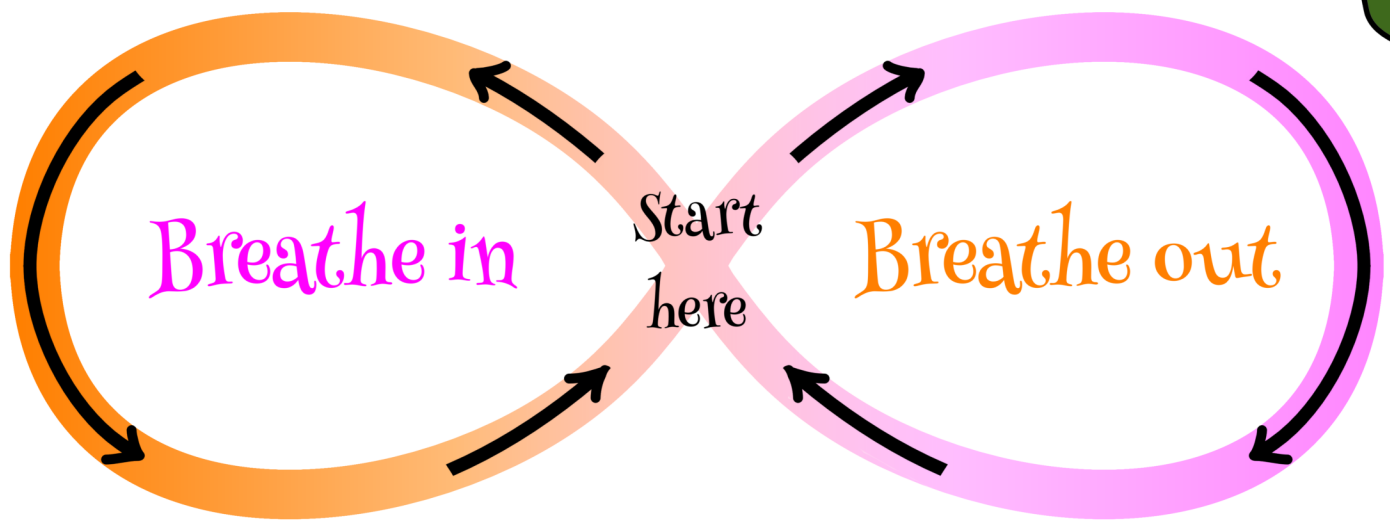
Add your water and your glitter to your jar and seal the lid, start shaking and watch your glitter fly!

Now set your jar down and watch as the glitter settles, imagine the jar is your mind and the glitter is your thoughts. When you stop for a moment your thoughts settle, and your mind is calm.



StorytEllas

Peas-ful Breathing Exercise



Starting at the centre, trace the the lazy 8
with your finger as you breathe in..

And breathe out...

The Storyteller's

Word Search

O	S	E	S	A	K	E	O	O	Y	Y	L	E	E
P	N	I	R	E	L	A	N	E	O	E	N	F	K
A	R	Y	P	E	L	L	E	K	R	F	E	T	M
M	A	U	Y	S	Y	A	E	D	W	P	K	D	R
I	W	L	I	B	T	O	T	K	S	I	D	U	O
N	U	B	N	W	U	E	N	Y	R	A	T	E	W
D	I	I	S	N	K	R	C	Y	R	I	E	P	K
F	E	I	F	L	E	S	A	N	I	I	K	D	O
U	F	A	Y	I	A	E	U	A	E	O	A	U	O
L	R	L	F	Y	L	C	K	S	P	I	A	F	B
N	Y	M	U	R	I	P	P	E	N	P	T	R	P
E	S	O	F	O	L	L	A	C	R	M	M	A	L
S	I	I	E	T	I	A	D	M	T	F	S	W	P
S	K	A	I	S	N	L	C	I	N	D	Y	U	F

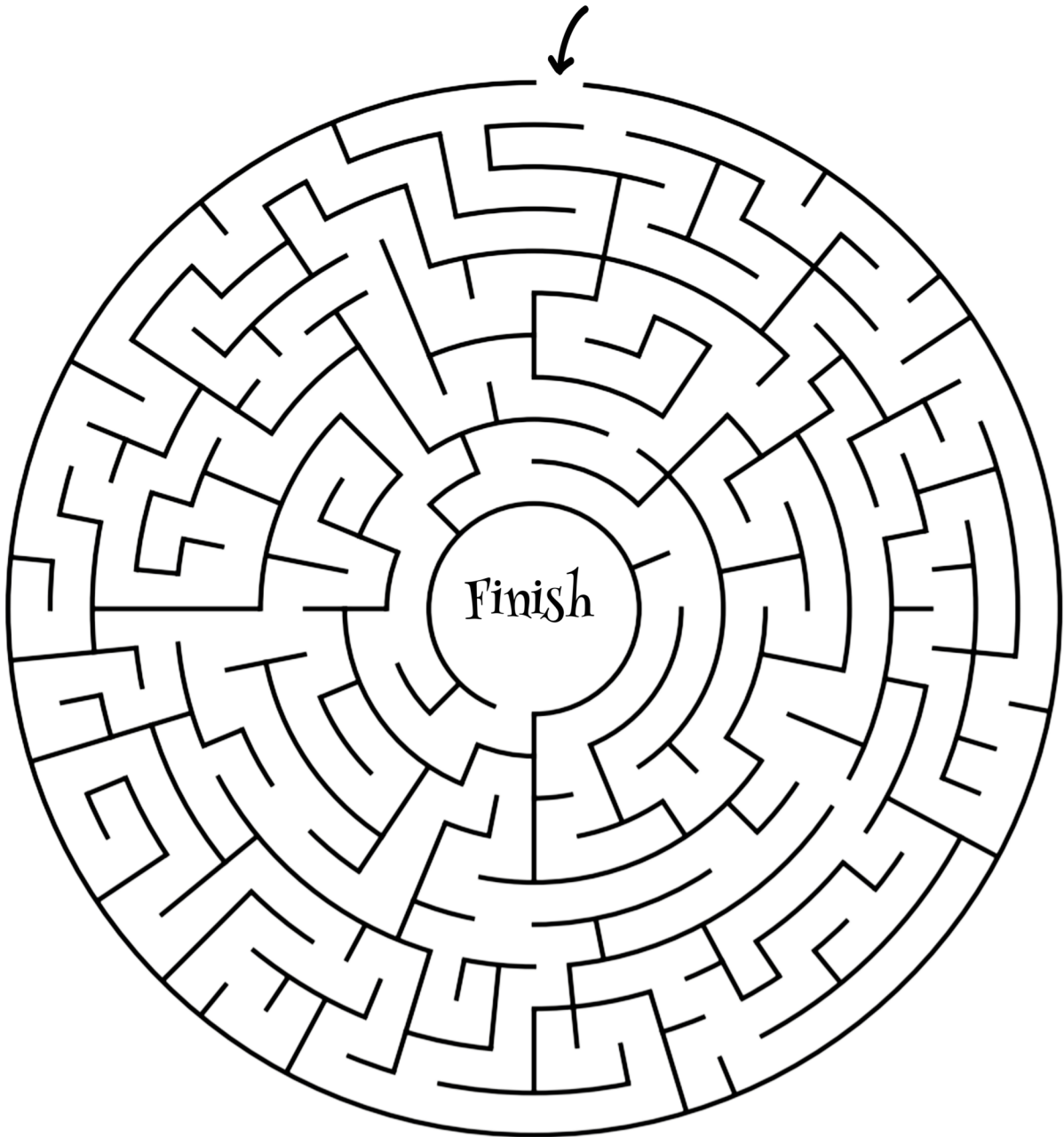
Find these
words...

Pea
Ruby
Pru
Cindy
Kirk Ella
Selfie

Book Worm
Story
Fairy Tales
Mindfulness
Patience

StorytEllas

Maze



Help The StorytEllas
find their way home!